

HEART OF IOWA COMMUNITY SERVICES REGION

CHILDREN'S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN



PREPARED BY:
HEART OF IOWA

SUBMITTED
03/16/2020

GEOGRAPHIC AREA: *Audubon, Dallas, and Guthrie Counties*

APPROVED BY GOVERNING BOARD: 03/16/2020

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CHILDREN’S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN

Each mental health and disability services region shall submit to the department of human services an implementation plan to implement the children’s behavioral health services described under section 331.397A, as enacted in HF690, no later than April 1, 2020.

A. Creating A Regional Children’s Advisory Committee

The Region values community stakeholder input and is in the planning stages of developing a plan to establish a Regional Children’s Behavioral Health Services Advisory Committee.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
July 1, 2020	The regional children’s behavioral health services advisory committee designate Governing Board representation for: (a) a parent/actively involved relative of a child who utilizes children’s behavioral health services; (b) the educational system; and (c) a regional children’s behavioral health services provider.
June 15, 2020	Children’s Advisory members will be formally appointed to the HICS Governing Board.
April 8, 2020	The first meeting of the HICS Children’s Advisory will be held.
February 24, 2020	HICS Adult Advisory meets on a bi-monthly basis. At this meeting, we were able to identify key membership that would be able to serve on the children’s advisory board.

2. Regional Children’s Advisory Committee

<u>Member</u>	<u>Representing</u>
TBD	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services
Hanna Sanders, West Central Valley School District	The Education System
Shanell Wagler, Early Childhood Iowa	Early Childhood Advocates
Debra Schrader, 4 R Kids Early Childhood Iowa	Child Welfare Advocates
Megan Hicks, Southwest Iowa Mental Health Center	Children’s Behavioral Health Service Providers
Sarah Jennings, Audubon County Attorney	The Juvenile Court System
Dr. Nate Noble	Pediatricians
TBD	Child Care Providers
Lt. Adam Infante, Dallas County Sheriff’s Office	Local Law Enforcement
Brad Golightly	Regional Governing Board

B. Regional Governance Board Changes

The Regional Governing Board is ultimately responsible for: (a) the advancement of a regional management plan; (b) the development of access to a regional service system for adults with mental illness, intellectual disabilities, developmental disabilities and brain injuries to children with serious emotional disturbances; and (c) the administration of the non-Medicaid funded Mental Health Disability Services (MHDS) and children’s behavioral health services as outlined in Iowa Code. The Region is in the planning stages of identifying the time frames to change the Regional Governance Board composition.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
June 15, 2020	The Regional Governing Board will take action by accepting new members to the governing board based on recommendations from the Children’s Advisory Board.
May 15, 2020	File new 28E with the Secretary of State.
March 16, 2020	Governing Board will approve new 28E and send to Counties for approval with changes to the make-up of the Governing Board.

2. Regional Governing Board

<u>Member</u>	<u>Representing</u>	<u>Voting Member</u>
Brad Golightly, Vice Chair	Dallas County Board of Supervisors	Yes
Clifford Carney, Chair	Guthrie County Board of Supervisors	Yes
Rick Thompson, Secretary	Audubon County Board of Supervisors	Yes
Larry Loss	Adults/Actively Involved Relatives of an Adult who Utilizes Mental Health and Disability Services <i>(designated by the regional adult mental health and disability services advisory committee)</i>	Yes
TBD	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services <i>(designated by the regional children’s behavioral health services advisory committee)</i>	Yes
TBD	The Regional Education System <i>(designated by the regional children’s behavioral health services advisory committee)</i>	Yes
Laurie Cooley	Regional MHDS Adult Service Providers <i>(designated by the regional adult mental health and disability services advisory committee)</i>	No
TBD	Regional Children’s Behavioral Health Service Providers <i>(designated by the regional children’s behavioral health services advisory committee)</i>	No

C. Regional 28E Agreement Amendment

There is an existing regional 28E agreement between the counties in The Region. The Region is in the planning stages of identifying the time frames to amend and file the regional 28E agreement.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
May 15, 2020	File the Regional 28E agreement with the Secretary of State.
April 30, 2020	Obtain all required approvals/signatures
March 16, 2020	Amend the Regional 28E agreement. Summary of changes include: <ul style="list-style-type: none"> • <i>Regional governing board membership and structure.</i> • <i>Formation of children's behavioral health services advisory committee.</i> • <i>Duties of the Advisory Boards</i> • <i>Functions and responsibilities of CEO and regional children's behavioral health services staff.</i> • <i>Region Finances</i>

D. Regional Staff Changes

The Heart of Iowa Region is fully staffed to serve children and has been doing so since 2017. Currently, HICS has an intake coordinator who is able to take referrals and also acts as resource and referral for the entire region. Once needs have been identified, children and families are referred for service coordination in the appropriate areas of the Region. Staff are also in place for prevention activities such as mental health fairs and facilitating mental health services in the schools. Outreach is being done to set up cooperative agreements between schools and the mobile crisis providers as well as offering training. In the 19/20 school year, HICS also facilitated a speaker in 6 of the school districts in the Region to speak about mental health topics. HICS has staff working with a provider to continue a youth peer summer camp. Summer 2020 will be the third year this camp is being offered.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
July 1, 2019 (Completed)	Brandon Tews, Service Coordination Program Coordinator has been identified as the intake coordinator for all referrals for children's services.
July 1, 2019 (Completed)	Each County in the region has a service coordinator qualified to accept and work with children.

E. Regional Management Plan Changes

The Region is in the planning stages of identifying the timelines and integration of the new children’s behavioral health services requirements into the Regional Policies and Procedures Manual and the Regional Annual Service and Budget Plan.

1. Process and Time Frames – Regional Policies and Procedures Manual

<u>Targeted Completion Date</u>	<u>Activity</u>
June 2020	Submit Amended Regional Policies and Procedures to DHS for approval. (Rules require Regions to submit the amendments to DHS 45 days prior to implementation.)
June 2020	Submit Amended Regional Policies and Procedures to Governing Board for approval.
May 2020	Submit Amended Regional Policies and Procedures to Advisory Boards for approval with the following changes: <ul style="list-style-type: none"> • <i>Organizational structure (includes governing board, advisory boards, admin team)</i> • <i>Financing and Delivery of Services and Support (includes funding)</i> • <i>Enrollment (Includes eligibility)</i> • <i>Provider Network (includes TCM, IHH, Service Coordination, and Outcomes)</i> • <i>Amendments</i> • <i>Addition of “education” to performance and outcome measures for targeted case management and service coordination services.</i> • <i>Updates include: Access points, Federal Poverty Guidelines, Incomes Guidelines, Sliding Fee Scale, Service Matrix</i>

2. Process and Time Frames – Annual Service and Budget Plan

<u>Targeted Completion Date</u>	<u>Activity</u>
April 1, 2020	Submit Annual Service and Budget Plan <i>The following information will be added to the Region’s FY21 Annual Service and Budget Plan:</i> <ul style="list-style-type: none"> • <i>Access points for the children’s behavioral health services.</i> • <i>Service coordination entities for the children seeking services regardless of funding source.</i> • <i>Identify Regional children’s behavioral health core services and planned implementation time frames.</i> • <i>Identify and budget for required core children’s behavioral health services</i> • <i>Identify the children’s behavioral health services provider network.</i>