



## GOVERNING BOARD MEETING MINUTES

**September 22, 2023**

The Governing Board of Heart of Iowa Community Services Region (HICS) met Friday, September 22, 2023, 9:00 am at the Dallas County offices.

Present: Brad Golightly, Dallas County Supervisor; Maggie Armstrong, Guthrie County Supervisor; Clifford Carney, Family Member representative; Larry Loss, Parent of Child representative. The following members present via ZOOM: Rick Thompson, Audubon County Supervisor; Leslyann Christensen, Regional Education System representative.

Absent: None

Staff Present: Darci Alt, CEO; Rachel Cecil, Director of Regional Operations; Lisa Kempf, Financial Coordinator and Recording Secretary

**Item 1** – Chair Clifford Carney called the meeting to order at 9:01 am.

**Item 2** – *Discussion/Action: Additions/Approval of Agenda:*

- a) **ACTION:** Motion to approve the agenda as presented by Golightly, second by Loss. Motion approved unanimously.

**Item 3** – *Discussion/Action: Approval of Minutes*

- a) **ACTION:** Motion to approve June 21, 2023 minutes as presented by Armstrong, second by Loss. Motion approved unanimously.

**Item 4** – *Visitors:* Rob Aiken, Community Systems Consultant, Iowa HHS

**Item 5** – *Discussion/Action: Payment of Bills*

- a) Kempf presented list of invoices processed for June, July, August and September 2023. Following questions and discussion, **ACTION:**
  - i. June: Motion to approve invoices paid by Armstrong, second by Loss. Motion approved unanimously.
  - ii. July: Motion to approve invoices paid by Golightly, second by Thompson. Motion approved unanimously.
  - iii. August: Motion to approve invoices paid by Armstrong, second by Christensen. Motion approved unanimously.
  - iv. September: Motion to approve invoices paid by Loss, second by Christensen. Motion approved unanimously.
- b) Urbandale PD Co-Response invoice – additional expenses: Alt reported Urbandale PD requested reconsideration of amount due for FY24. Amount to pay all participating law enforcement departments in FY24 was decided by previous Board action. Alt stated amount not paid above these funds should be reimbursed to the City of Urbandale Police Department

based on the 28E Agreement with the City of Urbandale for this service. **ACTION:** Motion by Loss to pay the City of Urbandale \$20,659.09 as a one-time additional expense for FY24, per 28E Agreement. Second by Armstrong. Motion passed unanimously.

**Item 6 – Discussion/Action: Budget**

- a) Kempf presented current Fund Balance Status. HICS Region needs to work towards a 5% reserve Fund Balance for FY24. **ACTION:** None required.

**Item 7 – Discussion/Action: FY24 Contracts**

- a) Inside Out Wellness & Advocacy (I.O.W.A.) – Amendment (on-call rate): Alt reported this amount was overlooked and not included on the FY24 contract when negotiated with I.O.W.A. **ACTION:** Motion by Armstrong to add On-Call rate of \$13/hour to FY24 Provider Agreement. Second by Golightly. Motion approved unanimously.

**Item 8 – Discussion/Action: HICS Management Plan Approval**

- a) Alt presented a list of changes to the Heart of Iowa Management Plan dated June 22, 2022. Most of these changes are required due to State Legislative action. Following review and discussion, **ACTION:** Motion by Loss to approve the changes to the Heart of Iowa Management Plan as presented, effective September 22, 2023. Second by Golightly. Motion approved unanimously.

**Item 9 – Discussion: HICS 28E Agreement**

- a) Alt presented an amended 28E Agreement between Regional Member Counties and Heart of Iowa MHDS Region. Changes are necessary due to State Legislative action. After review, the following changes were asked for clarification:
  - i. Replace MHDS Governing Board to HICS Governing Board wherever printed in 28E Agreement.
  - ii. Section 4.3: Add ‘each member shall have an alternate that can vote in their absence.’
  - iii. **ACTION:** Motion to approve 28E Agreement between Member Counties and Heart of Iowa MHDS Region with above clarifications by Armstrong. Second by Thompson. Motion approved unanimously.

**Item 10 – Discussion/Action: Region Updates**

- a) Alt shared reports created by Cecil showing Outcome results for Mobile Crisis and Co-Responder services provided by I.O.W.A. and Crisis Stabilization Residential admissions.
- b) Alt reported the shared admin agreement with CROSS Region is working as expected.
- c) Alt updated the Board on the progress I.O.W.A. is making towards an Access Center in Perry.

Motion to adjourn by Loss, second by Golightly. Motion approved unanimously. Meeting adjourned at 11:21 am. Next regularly scheduled meeting will be Monday, November 13, 2023, 9:00 am at the Adel office.

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Respectfully Submitted: Lisa Kempf,  
Recording Secretary

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CLIFFORD CARNEY, Chair HICS

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RICK THOMPSON, Secretary HICS